



12. Kirschlauf des USV Erfurt

Kleinfahrer / 24.06.2012

Detailed evaluation

Stephan, Heino

Club: FSV 1986 Bad Langensalza
Number: 245

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:25:55

Speed: 9.78 km/h
Running performance: 6:08 min/km

Rank in course/Total: 141 (of 245)

Rank in course/Men: 123 (of 182)

Best time in course: 53:26

Rank in category: 23(of 33)

Best time in the category: 1:01:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	48:44	5:52	24	12:37	121	17:01	8.30	48:44	5:52	7		121	17:01
Finish	5.70	37:11	6:31	23	11:24	119	15:28	14.00	1:25:55	6:08	23	24:01	123	32:29