



12. Kirschlauf des USV Erfurt  
Kleinfahrer / 24.06.2012

Detailed evaluation

**Köhler, Sabine**

Club: FC Deutsche Post  
Number: 155

Course: 14.00 km  
Hauptlauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:33:55

Speed: 8.94 km/h  
Running performance: 6:43 min/km

Rank in course/Total: 181 (of 245)

Rank in course/Women: 38 (of 63)

Best time in course: 1:03:32

Rank in category: 5(of 9)

Best time in the category: 1:18:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Posten	8.30	54:16	6:32	4	8:12	41	17:08	8.30	54:16	6:32	5	8:12	7
Finish	5.70	39:39	6:57	4	7:18	34	13:15	14.00	1:33:55	6:42	5	15:30	38 30:23