



12. Kirschlauf des USV Erfurt  
Kleinfahrer / 24.06.2012

Detailed evaluation

Lange, Lars

Club: Bleicherode  
Number: 95

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:38:15

Speed: 8.55 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 199 (of 245)

Rank in course/Men: 154 (of 182)

Best time in course: 53:26

Rank in category: 17(of 21)

Best time in the category: 57:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	52:57	6:22	16	19:28	145	21:14	8.30	52:57	6:22	6	6:43	154	21:14
Finish	5.70	45:18	7:56	18	21:27	158	23:35	14.00	1:38:15	7:01	17	40:55	154	44:49