



12. Kirschlauf des USV Erfurt  
Kleinfahrer / 24.06.2012

Detailed evaluation

Hecht, Heike

Club: Spargelläufer Herbsleben  
Number: 43

Course: 14.00 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:51:57

Speed: 7.50 km/h  
Running performance: 8:00 min/km

Rank in course/Total: 227 (of 245)

Rank in course/Women: 57 (of 63)

Best time in course: 1:03:32

Rank in category: 7(of 8)

Best time in the category: 1:12:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Posten	8.30	1:01:15	7:22	7	18:31	56	24:07	8.30	1:01:15	7:22	7	18:31	25	4:15
Finish	5.70	50:42	8:53	7	21:15	56	24:18	14.00	1:51:57	7:59	7	39:46	57	48:25