



2. Sparkasse Oberhessen Charity Triathlon (Einzel)
Büdingen / 24.06.2012

Detailed evaluation

Spohn, Laura

Total time: 1:16:49

Club: TUS Griesheim

Number: 831

Course: 25.75 km

Rank in course/Total: 17 (of 23)

HTV Nachwuchs Cup Jugend A (0,75-20,0-5,0)

Rank in course/Women: 5 (of 9)

Best time in course: 1:10:21

Category:

Rank in category: 5(of 9)

weibliche Jugend A

Best time in the category: 1:10:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.75	12:38	16:50	3	0:43	3	0:43	0.75	12:38	16:50	5		5	
Schwimmen Total	0.75	12:38												
Zwischen Rad 2	5.00	11:01	2:12	2	0:08	2	0:08	5.75	23:39	4:06	5	0:06	5	0:06
Zwischen Rad 3	3.70	6:53	1:51	3	0:10	3	0:10	9.45	30:32	3:13	5	0:15	5	0:15
Zwischen Rad 2	5.00	9:54	1:58	4	0:51	4	0:51	14.45	40:26	2:47	5	1:06	5	1:06
Zwischen Rad 3	5.00	7:39	1:31	7	0:48	7	0:48	19.45	48:05	2:28	5	1:53	5	1:53
Rad	1.30	3:08	2:24	5	0:31	5	0:31	20.75	51:13	2:28	5	1:59	5	1:59
Rad Total	20.00	38:35												
Zwischen Lauf 1	2.50	5:59	2:23	6	1:08	6	1:08	23.25	57:12	2:27	4	3:07	4	3:07
Lauf	2.50	19:37	7:50	5	3:21	5	3:21	25.75	1:16:49	2:58	5	6:28	5	6:28
Lauf Total	25.00	1:16:49												