



2. Sparkasse Oberhessen Charity Triathlon (Einzel)

Büdingen / 24.06.2012

Detailed evaluation

Tessnow, Simon

Total time: 1:37:13

Club: Eintracht Frankfurt

Number: 9

Course: 37.25 km

Rank in course/Total: 8 (of 56)

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Rank in course/Men: 8 (of 37)

Best time in course: 1:25:22

Category:

Rank in category: 1(of 4)

AK3 männlich

Best time in the category: 1:37:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.75	16:19	21:45	1	-	12	4:15	0.75	16:19	21:45	1	-	25	
Schwimmen Total	0.75	16:19												
Zwischen Rad 2	4.90	10:30	2:08	1	-	8	1:02	5.65	26:49	4:44	1	-	25	
Zwischen Rad 3	4.90	6:01	1:13	1	-	7	0:26	10.55	32:50	3:06	1	-	25	
Zwischen Rad 2	4.90	8:42	1:46	1	-	10	1:02	15.45	41:32	2:41	1	-	25	
Zwischen Rad 3	4.90	6:09	1:15	1	-	10	0:37	20.35	47:41	2:20	1	-	25	
Zwischen Rad 2	4.90	8:37	1:45	1	-	9	0:58	25.25	56:18	2:13	1	-	24	
Zwischen Rad 3	3.30	6:05	1:50	1	-	7	0:29	28.55	1:02:23	2:11	1	-	24	
Rad	1.20	2:53	2:24	1	-	7	0:23	29.75	1:05:16	2:11	1	-	26	
Rad Total	29.00	48:57												
Zwischen Lauf 2	2.50	8:58	3:35	2	0:49	13	1:30	32.25	1:14:14	2:18	1	-	25	
Zwischen Lauf 3	2.80	2:20	0:50	2	0:11	15	0:28	35.05	1:16:34	2:11	1	-	25	
Lauf	2.20	20:39	9:23	2	0:13	12	9:47	37.25	1:37:13	2:36	1	-	9	30:08
Lauf Total	36.50	1:37:13												