



2. Sparkasse Oberhessen Charity Triathlon (Einzel)

Büdingen / 24.06.2012

Detailed evaluation

Wörner, Helma

Total time: 1:46:09

Club: TV Windecken - Triathlon

Number: 549

Course: 37.25 km

Rank in course/Total: 19 (of 56)

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Rank in course/Women: 4 (of 19)

Best time in course: 1:43:36

Category:

Rank in category: 2(of 9)

Seniorinnen 2 WK45

Best time in the category: 1:43:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.75	16:41	22:14	1	-	2	1:27	0.75	16:41	22:14	3			15
Schwimmen Total	0.75	16:41												
Zwischen Rad 2	4.90	11:41	2:23	1	-	4	0:29	5.65	28:22	5:01	3			15
Zwischen Rad 3	4.90	6:44	1:22	3	0:12	6	0:25	10.55	35:06	3:19	3			15
Zwischen Rad 2	4.90	9:35	1:57	2	0:02	6	0:32	15.45	44:41	2:53	3			15
Zwischen Rad 3	4.90	6:49	1:23	3	0:11	7	0:19	20.35	51:30	2:31	3			15
Zwischen Rad 2	4.90	9:28	1:55	1	-	3	0:14	25.25	1:00:58	2:24	3			15
Zwischen Rad 3	3.30	6:56	2:06	3	0:30	7	0:30	28.55	1:07:54	2:22	3			15
Rad	1.20	3:22	2:48	2	0:06	6	0:12	29.75	1:11:16	2:23	3			15
Rad Total	29.00	54:35												
Zwischen Lauf 2	2.50	9:32	3:48	3	0:34	6	0:37	32.25	1:20:48	2:30	3			15
Zwischen Lauf 3	2.80	2:27	0:52	3	0:12	5	0:12	35.05	1:23:15	2:22	3			15
Lauf	2.20	22:54	10:24	4	10:17	7	10:17	37.25	1:46:09	2:50	3	8:15	6	8:15
Lauf Total	36.50	1:46:09												