



2. Sparkasse Oberhessen Charity Triathlon (Einzel)

Büdingen / 24.06.2012

Detailed evaluation

Heidemann, Silke

Total time: 1:06:48

Club: TSV Amiticia Viernheim

Number: 201

Course: 25.55 km

Rank in course/Total: 7 (of 99)

Jedermann-Triathlon (0,55-20,0-5,0)

Rank in course/Women: 1 (of 29)

Best time in course: 1:06:48

Category:

Rank in category: 1(of 5)

Seniorinnen 1 WK40

Best time in the category: 1:06:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.55	10:06	18:21	1	-	1	-	0.55	10:06	18:21	1	-	29	
Schwimmen Total	0.55	10:06												
Zwischen Rad 2	5.00	10:30	2:06	1	-	1	-	5.55	20:36	3:42	1	-	29	
Zwischen Rad 3	3.70	6:24	1:43	1	-	1	-	9.25	27:00	2:55	1	-	29	
Zwischen Rad 2	5.00	8:32	1:42	1	-	1	-	14.25	35:32	2:29	1	-	15	
Zwischen Rad 3	5.00	6:39	1:19	1	-	1	-	19.25	42:11	2:11	1	-	15	
Rad	1.30	3:01	2:19	1	-	1	-	20.55	45:12	2:11	1	-	29	
Rad Total	20.00	35:06												
Zwischen Lauf 2	2.50	8:36	3:26	1	-	1	-	23.05	53:48	2:20	1	-	29	
Strafzeit	-	fehlt!	-	-	-	-	-	23.05	-	-	-	-	-	-
Lauf	2.50	13:00	5:12	1	-	1	-	25.55	1:06:48	2:36	1	-	2	5:42
Lauf Total	25.00	1:06:48												