



2. Sparkasse Oberhessen Charity Triathlon (Einzel)

Büdingen / 24.06.2012

Detailed evaluation

Mehring, Heike

Total time: 2:05:18

Club: SKV Mörfelden Team MöWathlon

Number: 551

Course: 37.25 km

Rank in course/Total: 45 (of 56)

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Rank in course/Women: 12 (of 19)

Best time in course: 1:43:36

Category:

Rank in category: 5(of 9)

Seniorinnen 2 WK45

Best time in the category: 1:43:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.75	19:26	25:54	6	2:45	11	4:12	0.75	19:26	25:54	7	0:31	6	
Schwimmen Total	0.75	19:26												
Zwischen Rad 2	4.90	13:26	2:44	8	1:45	16	2:14	5.65	32:52	5:49	7	1:55	6	0:59
Zwischen Rad 3	4.90	7:21	1:29	8	0:49	13	1:02	10.55	40:13	3:48	7	2:42	6	1:33
Zwischen Rad 2	4.90	11:09	2:16	7	1:36	16	2:06	15.45	51:22	3:19	7	3:57	6	2:58
Zwischen Rad 3	4.90	7:28	1:31	7	0:50	12	0:58	20.35	58:50	2:53	7	4:42	6	3:34
Zwischen Rad 2	4.90	11:34	2:21	9	2:06	18	2:20	25.25	1:10:24	2:47	7	6:33	6	5:06
Zwischen Rad 3	3.30	7:49	2:22	9	1:23	16	1:23	28.55	1:18:13	2:44	7	7:52	6	5:54
Rad	1.20	4:25	3:40	9	1:09	16	1:15	29.75	1:22:38	2:46	7	9:01	6	6:48
Rad Total	29.00	1:03:12												
Zwischen Lauf 2	2.50	11:28	4:35	7	2:30	15	2:33	32.25	1:34:06	2:55	7	11:11	6	8:08
Zwischen Lauf 3	2.80	3:04	1:05	8	0:49	14	0:49	35.05	1:37:10	2:46	7	11:53	6	3:37
Lauf	2.20	28:08	12:47	7	15:31	15	15:31	37.25	2:05:18	3:21	7	27:24	15	27:24
Lauf Total	36.50	2:05:18												