



2. Sparkasse Oberhessen Charity Triathlon (Einzel)

Büdingen / 24.06.2012

Detailed evaluation

Helt, Lana

Total time: 43:05

Club: TSV Amicitia Viernheim

Number: 602

Course: 12.85 km

Rank in course/Total: 14 (of 26)

HTV Nachwuchs Cup Schüler A (0,35-10,0-2,5)

Rank in course/Women: 7 (of 11)

Best time in course: 38:25

Category:

Rank in category: 7(of 11)

weibliche Schüler A

Best time in the category: 38:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.35	7:03	20:08	5	0:09	5	0:09	0.35	7:03	20:08	8	0:09	8	0:09
Schwimmen Total	0.35	7:03												
Zwischen Rad 2	5.00	12:53	2:34	7	2:03	7	2:03	5.35	19:56	3:43	8	2:12	8	2:12
Zwischen Rad 3	3.70	7:36	2:03	7	0:59	7	0:59	9.05	27:32	3:02	8	3:11	8	3:11
Rad	1.30	2:45	2:06	2	0:08	2	0:08	10.35	30:17	2:55	9	3:19	9	3:19
Rad Total	10.00	23:14												
Zwischen Lauf 1	1.25	6:29	5:11	8	1:26	8	1:26	11.60	36:46	3:10	7	3:16	7	3:16
Strafzeit	-	fehlt!	-	-	-	-	-	11.60	-	-	-	-	-	-
Lauf	1.25	6:19	5:03	7	1:24	7	1:24	12.85	43:05	3:21	8	4:40	8	4:40
Lauf Total	12.50	43:05												