



14. Allersheimer MTB-Marathon  
Holzminden/ Neuhaus i.S. / 01.07.2012

Detailed evaluation

Köhler, Roland

Club: Rc Endspurt Herford  
Number: 205

Course: 49.00 km  
Mitteldistanz

Category:  
Senioren I

Total time: 2:19:13

Speed: 21.12 km/h

Rank in course/Total: 46 (of 150)

Rank in course/Men: 45 (of 135)

Best time in course: 1:53:08

Rank in category: 18(of 68)

Best time in the category: 2:01:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Steinborn (VP1)	11.10	32:34	20.27	13	4:51	34	6:26	11.10	32:34	20.27	44		46	6:26
Donnershagen (\	16.00	51:21	18.70	24	7:18	57	10:31	27.10	1:23:55	19.30	44		46	16:57
Turm Silberborn	16.40	45:21	21.17	16	5:23	38	8:08	43.50	2:09:16	19.96	43		45	24:17
Finish	5.50	9:57	30.15	15	0:56	44	1:48	49.00	2:19:13	21.12	18	18:05	45	26:05