



14. Allersheimer MTB-Marathon  
Holzminden/ Neuhaus i.S. / 01.07.2012

Detailed evaluation

Heiden, Claudia

Club: MTB Verein Zierenberg  
Number: 183

Course: 49.00 km  
Mitteldistanz

Category:  
Seniorinnen I

Total time: 2:38:58

Speed: 18.49 km/h

Rank in course/Total: 106 (of 150)

Rank in course/Women: 9 (of 15)

Best time in course: 2:11:12

Rank in category: 1(of 5)

Best time in the category: 2:38:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Steinborn (VP1)	11.10	38:38	17.08	1		9	8:02	11.10	38:38	17.08	1		9	8:02
Donnershagen (\	16.00	57:34	16.68	1		9	9:44	27.10	1:36:12	16.84	1		9	17:46
Turm Silberborn	16.40	51:22	18.69	1		6	7:55	43.50	2:27:34	17.48	1		9	25:41
Finish	5.50	11:24	26.32	2	0:24	11	2:05	49.00	2:38:58	18.49	1		9	27:46