



14. Allersheimer MTB-Marathon  
Holzminden/ Neuhaus i.S. / 01.07.2012

Detailed evaluation

Lödige, Jörg

Club: Lügde  
Number: 222

Course: 49.00 km  
Mitteldistanz

Category:  
Senioren I

Total time: 3:00:57

Speed: 16.25 km/h

Rank in course/Total: 136 (of 150)

Rank in course/Men: 121 (of 135)

Best time in course: 1:53:08

Rank in category: 60(of 68)

Best time in the category: 2:01:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Steinborn (VP1)	11.10	39:53	16.55	58	12:10	120	13:45	11.10	39:53	16.55	24	4:15	124	13:45
Donnershagen (\	16.00	1:05:48	14.59	62	21:45	124	24:58	27.10	1:45:41	15.33	24	13:18	124	38:43
Turm Silberborn	16.40	1:02:54	15.26	60	22:56	121	25:41	43.50	2:48:35	15.30	28	22:33	122	1:03:36
Finish	5.50	12:22	24.26	59	3:21	118	4:13	49.00	3:00:57	16.25	60	59:49	121	1:07:49