



14. Allersheimer MTB-Marathon  
Holzminden/ Neuhaus i.S. / 01.07.2012

Detailed evaluation

Lucas, Ewald

Club: Het Twentse Ros  
Number: 292

Course: 49.00 km  
Mitteldistanz

Category:  
Senioren I

Total time: 3:32:06

Speed: 13.86 km/h

Rank in course/Total: 143 (of 150)

Rank in course/Men: 128 (of 135)

Best time in course: 1:53:08

Rank in category: 64(of 68)

Best time in the category: 2:01:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Steinborn (VP1)	11.10	45:11	14.61	64	17:28	127	19:03	11.10	45:11	14.61	20	9:33	131	19:03
Donnershagen (\	16.00	1:15:56	12.64	65	31:53	130	35:06	27.10	2:01:07	13.38	20	28:44	131	54:09
Turm Silberborn	16.40	1:14:44	12.85	66	34:46	130	37:31	43.50	3:15:51	13.17	32	49:49	129	1:30:52
Finish	5.50	16:15	18.46	65	7:14	129	8:06	49.00	3:32:06	13.86	64	1:30:58	128	1:38:58