



Creuzburger Stadtlauf  
Creuzburg / 01.07.2012

Detailed evaluation

Werner, Ralf

Club: Stedtfelder Rennsteigfreunde  
Number: 47

Course: 13.50 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:13:46

Speed: 10.57 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 52 (of 94)

Rank in course/Men: 47 (of 74)

Best time in course: 48:38

Rank in category: 8(of 12)

Best time in the category: 58:21