



Creuzburger Stadtlauf  
Creuzburg / 01.07.2012

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer  
Number: 62

Course: 13.50 km  
Hauptlauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:18:13

Speed: 9.97 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 67 (of 94)

Rank in course/Women: 9 (of 20)

Best time in course: 1:07:51

Rank in category: 3(of 4)

Best time in the category: 1:11:29