



Creuzburger Stadtlauf
Creuzburg / 01.07.2012

Detailed evaluation

Sömmer, Fred

Club: BSG Wartburg-Sparkasse
Number: 22

Course: 13.50 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:20:32

Speed: 9.69 km/h
Running performance: 5:58 min/km

Rank in course/Total: 74 (of 94)

Rank in course/Men: 61 (of 74)

Best time in course: 48:38

Rank in category: 14(of 14)

Best time in the category: 58:21