



Creuzburger Stadtlauf
Creuzburg / 01.07.2012

Detailed evaluation

Pudelski, Dirk

Club: Creuzburg
Number: 265

Course: 5.00 km
Kurzdistanz

Category:
Männer (20-29 Jahre)

Total time: 22:29

Speed: 13.34 km/h
Running performance: 4:30 min/km

Rank in course/Total: 6 (of 52)

Rank in course/Men: 6 (of 31)

Best time in course: 19:40

Rank in category: 2(of 3)

Best time in the category: 20:49