



Creuzburger Stadtlauf
Creuzburg / 01.07.2012

Detailed evaluation

Rollberg, Martin

Club: Creuzburg
Number: 226

Course: 5.00 km
Kurzdistanz

Category:
Senioren M30 (30-34 Jahre)

Total time: 28:54

Speed: 10.38 km/h
Running performance: 5:47 min/km

Rank in course/Total: 24 (of 52)

Rank in course/Men: 18 (of 31)

Best time in course: 19:40

Rank in category: 2(of 3)

Best time in the category: 22:43