



Creuzburger Stadtlauf
Creuzburg / 01.07.2012

Detailed evaluation

Helbig, Hans-Peter

Club: Stedtfelder Rennsteigfreunde
Number: 253

Course: 5.00 km
Kurzdistanz

Category:
Senioren M65 (65-69 Jahre)

Total time: 31:49

Speed: 9.43 km/h
Running performance: 6:22 min/km

Rank in course/Total: 36 (of 52)

Rank in course/Men: 23 (of 31)

Best time in course: 19:40

Rank in category: 1(of 2)

Best time in the category: 31:49