



Creuzburger Stadtlauf  
Creuzburg / 01.07.2012

## Detailed evaluation

**Tschaar, Holger**

Club: Sp Sportteam Steinbach Meiningen  
Number: 67

Course: 13.50 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 53:21

Speed: 14.62 km/h  
Running performance: 3:57 min/km

Rank in course/Total: 4 (of 94)

Rank in course/Men: 4 (of 74)

Best time in course: 48:38

Rank in category: 1(of 7)

Best time in the category: 53:21