



Creuzburger Stadtlauf
Creuzburg / 01.07.2012

Detailed evaluation

Siemon, Thomas

Club: SV Blau Weiß 90 Creuzburg
Number: 4

Course: 13.50 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 58:37

Speed: 13.31 km/h
Running performance: 4:20 min/km

Rank in course/Total: 11 (of 94)

Rank in course/Men: 11 (of 74)

Best time in course: 48:38

Rank in category: 2(of 14)

Best time in the category: 58:21