



# 10. Unnaer Walking Day

Unna / 01.07.2012

## Detailed evaluation

Luhmann, Mechthild

Club: Post SV Unna

Number: 1122

Course: 10.00 km

Nordic Walking

Total time: 1:11:38

Speed: 8.38 km/h

metres in height up: 135

Course score: 12.03

performance score: 101 Points