



10. Unnaer Walking Day

Unna / 01.07.2012

Detailed evaluation

Lemm, Carsten

Club: Tus Falke Berlebeck

Number: 1142

Course: 10.00 km

Nordic Walking

Total time: 1:14:17

Speed: 8.08 km/h

metres in height up: 135

Course score: 12.03

performance score: 97 Points