



10. Unnaer Walking Day

Unna / 01.07.2012

Detailed evaluation

Pfost, Erik

Club: TSV Oerlinghausen

Number: 1058

Course: 10.00 km

Nordic Walking

Total time: 1:16:30

Speed: 7.84 km/h

metres in height up: 135

Course score: 12.03

performance score: 94 Points