



# 10. Unnaer Walking Day

Unna / 01.07.2012

## Detailed evaluation

**Firus, Sandra**

Club: Lauffreunde Bönen 1985 e.V.

Number: 628

Course: 5.00 km

Walking

Total time: 38:09

Speed: 7.86 km/h

metres in height up: 72

Course score: 6.08

performance score: 48 Points