



10. Unnaer Walking Day

Unna / 01.07.2012

Detailed evaluation

Sieger, Heike

Club: Jammern Nützt Nichts

Number: 1174

Course: 10.00 km

Nordic Walking

Total time: 1:34:05

Speed: 6.38 km/h

metres in height up: 135

Course score: 12.03

performance score: 77 Points