



# 10. Unnaer Walking Day

Unna / 01.07.2012

## Detailed evaluation

Sapsford, Donald

Club: BSG DSW21/DEW21

Number: 35

Course: 15.00 km

Walking

Total time: 1:51:40

Speed: 8.06 km/h

metres in height up: 208

Course score: 18.12

performance score: 146 Points