



10. Unnaer Walking Day

Unna / 01.07.2012

Detailed evaluation

Herweg, Rudolf

Club: LT Siebengebirge

Number: 90

Course: 15.00 km

Nordic Walking

Total time: 1:51:37

Speed: 8.06 km/h

metres in height up: 208

Course score: 18.12

performance score: 146 Points