



10. Unnaer Walking Day

Unna / 01.07.2012

Detailed evaluation

Gommen, Bernd

Club: Nordic Walking Hobbygruppe Ahlen

Number: 580

Course: 5.00 km

Nordic Walking

Total time: 36:20

Speed: 8.26 km/h

metres in height up: 72

Course score: 6.08

performance score: 50 Points