



# 10. Unnaer Walking Day

Unna / 01.07.2012

## Detailed evaluation

**Firus, Volker**

Club: Lauffreunde Bönen 1985 e.V.

Number: 516

Course: 5.00 km

Walking

Total time: 32:44

Speed: 9.16 km/h

metres in height up: 72

Course score: 6.08

performance score: 56 Points