



## 10. Unnaer Walking Day

Unna / 01.07.2012

### Detailed evaluation

Ebel, Frauke

Club: Post SV Unna

Number: 655

Course: 5.00 km

Nordic Walking

Total time: 40:40

Speed: 7.38 km/h

metres in height up: 72

Course score: 6.08

performance score: 45 Points