



# 10. Unnaer Walking Day

Unna / 01.07.2012

## Detailed evaluation

**Vierhaus, Udo**

Club: Team 4haus

Number: 1071

Course: 10.00 km

Nordic Walking

Total time: 1:05:15

Speed: 9.20 km/h

metres in height up: 135

Course score: 12.03

performance score: 111 Points