



10. Unnaer Walking Day

Unna / 01.07.2012

Detailed evaluation

Heimann, Michael

Club: LSF-Unna-2000

Number: 1043

Course: 10.00 km

Nordic Walking

Total time: 1:08:50

Speed: 8.72 km/h

metres in height up: 135

Course score: 12.03

performance score: 105 Points