



Detailed evaluation

Selbsthilfegruppe Suchtläufer

Number: 4010

Course: 100.22 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:57:19

Speed: 11.17 km/h

Running performance: 5:22 min/km

Rank in course: 12 (of 28)

Best time in course: 7:11:40

Rank in category: 8(of 15)

Best time in the category: 7:11:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	2:18:56	5:04	5	21:05	7	21:05	27.39	2:18:56	5:04	8	21:05	18	
Floh-Seligenthal	27.74	2:37:09	5:39	12	43:27	20	43:27	55.13	4:56:05	5:22	8	1:04:32	18	
Finsterbergen	22.03	1:39:24	4:30	3	4:54	3	4:54	77.16	6:35:29	5:07	8	1:09:26	18	
Fröttstädt	23.06	2:21:50	6:09	13	39:59	24	47:55	100.22	8:57:19	5:21	8	1:45:39	12	1:45:39