



Detailed evaluation

Selbsthilfegruppe Suchtläufer

Number: 4010

Course: 100.22 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:57:19

Speed: 11.17 km/h

Running performance: 5:22 min/km

Rank in course: 12 (of 28)

Best time in course: 7:11:40

Rank in category: 8(of 15)

Best time in the category: 7:11:40

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-------|--------|--------|---------|--------|------|---------|-------|---------|
| | km | Time | min/km | Cat. | Cat. | Total | Total | km | Time | min/km | Cat. | Cat. | Total | Total |
| Glasbachwiese | 27.39 | 2:18:56 | 5:04 | 5 | 21:05 | 7 | 21:05 | 27.39 | 2:18:56 | 5:04 | 8 | 21:05 | 18 | |
| Floh-Seligenthal | 27.74 | 2:37:09 | 5:39 | 12 | 43:27 | 20 | 43:27 | 55.13 | 4:56:05 | 5:22 | 8 | 1:04:32 | 18 | |
| Finsterbergen | 22.03 | 1:39:24 | 4:30 | 3 | 4:54 | 3 | 4:54 | 77.16 | 6:35:29 | 5:07 | 8 | 1:09:26 | 18 | |
| Fröttstädt | 23.06 | 2:21:50 | 6:09 | 13 | 39:59 | 24 | 47:55 | 100.22 | 8:57:19 | 5:21 | 8 | 1:45:39 | 12 | 1:45:39 |