



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

let it run

Number: 4009

Course: 100.22 km

Staffel 4x25 km

Category:

Frauenstaffel

Total time: 9:26:53

Speed: 10.58 km/h

Running performance: 5:40 min/km

Rank in course: 17 (of 28)

Best time in course: 7:11:40

Rank in category: 1(of 2)

Best time in the category: 9:26:53

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-------|--------|--------|---------|--------|------|--------|-------|---------|
| | km | Time | min/km | Cat. | Cat. | Total | Total | km | Time | min/km | Cat. | Cat. | Total | Total |
| Glasbachwiese | 27.39 | 2:36:32 | 5:42 | 1 | - | 16 | 38:41 | 27.39 | 2:36:32 | 5:42 | 1 | - | 13 | 1:55 |
| Floh-Seligenthal | 27.74 | 2:32:34 | 5:29 | 2 | 6:37 | 18 | 38:52 | 55.13 | 5:09:06 | 5:36 | 1 | - | 13 | 6:15 |
| Finsterbergen | 22.03 | 2:10:22 | 5:55 | 1 | - | 14 | 35:52 | 77.16 | 7:19:28 | 5:41 | 1 | - | 13 | 5:46 |
| Fröttstädt | 23.06 | 2:07:25 | 5:31 | 1 | - | 14 | 33:30 | 100.22 | 9:26:53 | 5:39 | 1 | - | 17 | 2:15:13 |