



6. thüringen ULTRA  
Fröttstädt / 07.07.2012

Detailed evaluation

let it run

Number: 4009

Course: 100.22 km

Staffel 4x25 km

Category:

Frauenstaffel

Total time: 9:26:53

Speed: 10.58 km/h

Running performance: 5:40 min/km

Rank in course: 17 (of 28)

Best time in course: 7:11:40

Rank in category: 1(of 2)

Best time in the category: 9:26:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	2:36:32	5:42	1	-	16	38:41	27.39	2:36:32	5:42	1	-	13	1:55
Floh-Seligenthal	27.74	2:32:34	5:29	2	6:37	18	38:52	55.13	5:09:06	5:36	1	-	13	6:15
Finsterbergen	22.03	2:10:22	5:55	1	-	14	35:52	77.16	7:19:28	5:41	1	-	13	5:46
Fröttstädt	23.06	2:07:25	5:31	1	-	14	33:30	100.22	9:26:53	5:39	1	-	17	2:15:13