



Detailed evaluation

Triathlon Friedrichroda

Number: 4016

Course: 100.22 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 7:45:38

Speed: 12.89 km/h

Running performance: 4:39 min/km

Rank in course: 2 (of 28)

Best time in course: 7:11:40

Rank in category: 2(of 15)

Best time in the category: 7:11:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	2:13:17	4:51	2	15:26	3	15:26	27.39	2:13:17	4:51	2	15:26	28	
Floh-Seligenthal	27.74	2:01:05	4:21	3	7:23	3	7:23	55.13	4:14:22	4:36	2	22:49	28	
Finsterbergen	22.03	1:35:16	4:19	2	0:46	2	0:46	77.16	5:49:38	4:31	2	23:35	28	
Fröttstädt	23.06	1:56:00	5:01	7	14:09	11	22:05	100.22	7:45:38	4:38	2	33:58	2	33:58