



Detailed evaluation

RennsteigSpirit

Number: 4004

Course: 100.22 km

Staffel 4x25 km

Category:

Mixstaffel

Total time: 9:50:24

Speed: 10.18 km/h

Running performance: 5:53 min/km

Rank in course: 20 (of 28)

Best time in course: 7:11:40

Rank in category: 8(of 11)

Best time in the category: 8:24:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	2:48:39	6:09	7	39:58	20	50:48	27.39	2:48:39	6:09	8	31:09	10	14:02
Floh-Seligenthal	27.74	3:05:59	6:42	10	57:23	27	1:12:17	55.13	5:54:38	6:25	8	1:18:51	10	51:47
Finsterbergen	22.03	1:46:33	4:50	3	5:41	7	12:03	77.16	7:41:11	5:58	8	1:24:32	10	27:29
Fröttstädt	23.06	2:09:13	5:36	6	35:18	16	35:18	100.22	9:50:24	5:53	8	1:25:51	20	2:38:44