



Detailed evaluation

SOULRUNNER

Number: 4012

Course: 100.22 km

Staffel 4x25 km

Category:

Mixstaffel

Total time: 12:08:31

Speed: 8.24 km/h

Running performance: 7:16 min/km

Rank in course: 28 (of 28)

Best time in course: 7:11:40

Rank in category: 11(of 11)

Best time in the category: 8:24:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	3:08:08	6:52	10	59:27	26	1:10:17	27.39	3:08:08	6:52	11	50:38	2	33:31
Floh-Seligenthal	27.74	3:13:55	6:59	11	1:05:19	28	1:20:13	55.13	6:22:03	6:55	11	1:46:16	2	1:19:12
Finsterbergen	22.03	3:02:46	8:17	11	1:21:54	28	1:28:16	77.16	9:24:49	7:19	11	3:08:10	2	2:11:07
Fröttstädt	23.06	2:43:42	7:05	11	1:09:47	28	1:09:47	100.22	12:08:31	7:16	11	3:43:58	28	4:56:51