



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Pawlica, Mario

Club: Team Wadenkrampf Berlin
Number: 74

Course: 100.22 km
Thüringen Ultra

Category:
Männer M45

Total time: 12:30:20

Speed: 8.00 km/h
Running performance: 7:29 min/km

Rank in course/Total: 94 (of 191)

Rank in course/Men: 89 (of 175)

Best time in course: 8:42:52

Rank in category: 25(of 43)

Best time in the category: 9:44:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:22:35	7:23	29	55:31	119	1:01:15	27.39	3:22:35	7:23	4		95	
Floh-Seligenthal	27.74	3:19:01	7:10	27	52:48	110	1:02:24	55.13	6:41:36	7:17	4		94	1:00:42
Finsterbergen	22.03	2:51:30	7:47	24	39:25	77	54:31	77.16	9:33:06	7:25	4		90	2:58:08
Fröttstädt	23.06	2:57:14	7:41	24	47:24	85	55:49	100.22	12:30:20	7:29	25	2:45:58	89	3:47:28