



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Gladasch, Gerd

Club: memler.de
Number: 177

Course: 100.22 km
Thüringen Ultra

Category:
Männer M50

Total time: 13:02:55

Speed: 7.66 km/h
Running performance: 7:49 min/km

Rank in course/Total: 109 (of 191)

Rank in course/Men: 102 (of 175)

Best time in course: 8:42:52

Rank in category: 23(of 34)

Best time in the category: 10:16:14

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Glasbachwiese | 27.39 | 3:17:35 | 7:12 | 24 | 42:27 | 110 | 56:15 | 27.39 | 3:17:35 | 7:12 | 7 | 5:01 | 108 | |
| Floh-Seligenthal | 27.74 | 3:23:41 | 7:20 | 24 | 48:32 | 117 | 1:07:04 | 55.13 | 6:41:16 | 7:16 | 7 | 4:13 | 107 | 1:00:22 |
| Finsterbergen | 22.03 | 3:12:16 | 8:43 | 22 | 49:02 | 107 | 1:15:17 | 77.16 | 9:53:32 | 7:41 | 7 | 2:42 | 103 | 3:18:34 |
| Fröttstädt | 23.06 | 3:09:23 | 8:12 | 22 | 40:47 | 103 | 1:07:58 | 100.22 | 13:02:55 | 7:48 | 23 | 2:46:41 | 102 | 4:20:03 |