



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Gladasch, Gerd

Club: memler.de
Number: 177

Course: 100.22 km
Thüringen Ultra

Category:
Männer M50

Total time: 13:02:55

Speed: 7.66 km/h
Running performance: 7:49 min/km

Rank in course/Total: 109 (of 191)

Rank in course/Men: 102 (of 175)

Best time in course: 8:42:52

Rank in category: 23(of 34)

Best time in the category: 10:16:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:17:35	7:12	24	42:27	110	56:15	27.39	3:17:35	7:12	7	5:01	108	
Floh-Seligenthal	27.74	3:23:41	7:20	24	48:32	117	1:07:04	55.13	6:41:16	7:16	7	4:13	107	1:00:22
Finsterbergen	22.03	3:12:16	8:43	22	49:02	107	1:15:17	77.16	9:53:32	7:41	7	2:42	103	3:18:34
Fröttstädt	23.06	3:09:23	8:12	22	40:47	103	1:07:58	100.22	13:02:55	7:48	23	2:46:41	102	4:20:03