



Detailed evaluation

albrecht, stefan

Club: sv emsetal
Number: 147

Course: 100.22 km
Thüringen Ultra

Category:
Männer M45

Total time: 13:07:35

Speed: 7.62 km/h
Running performance: 7:52 min/km

Rank in course/Total: 113 (of 191)

Rank in course/Men: 106 (of 175)

Best time in course: 8:42:52

Rank in category: 28(of 43)

Best time in the category: 9:44:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score		Total ranking								
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:36:02	7:53	35	1:08:58	149	1:14:42	27.39	3:36:02	7:53	7		112	8:18
Floh-Seligenthal	27.74	3:30:30	7:35	31	1:04:17	122	1:13:53	55.13	7:06:32	7:44	7		111	1:25:38
Finsterbergen	22.03	3:07:02	8:29	27	54:57	96	1:10:03	77.16	10:13:34	7:57	7		107	3:38:36
Fröttstädt	23.06	2:54:01	7:32	23	44:11	79	52:36	100.22	13:07:35	7:51	28	3:23:13	106	4:24:43