



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Kuste, Siegmar

Club: Laufteam Donautal Austria
Number: 29

Course: 100.22 km
Thüringen Ultra

Category:
Männer M55

Total time: 13:16:26

Speed: 7.53 km/h
Running performance: 7:57 min/km

Rank in course/Total: 120 (of 191)

Rank in course/Men: 113 (of 175)

Best time in course: 8:42:52

Rank in category: 10(of 21)

Best time in the category: 9:53:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:03:36	6:42	8	34:08	86	42:16	27.39	3:03:36	6:42	13			119
Floh-Seligenthal	27.74	3:03:09	6:36	7	26:31	83	46:32	55.13	6:06:45	6:39	13			118 25:51
Finsterbergen	22.03	3:19:17	9:02	15	1:02:07	124	1:22:18	77.16	9:26:02	7:20	13			114 2:51:04
Fröttstädt	23.06	3:50:24	9:59	17	1:28:25	147	1:48:59	100.22	13:16:26	7:56	10	3:23:13	113	4:33:34