



6. thüringen ULTRA  
Fröttstädt / 07.07.2012

Detailed evaluation

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Club: laufsohle.de  
Number: 70

Course: 100.22 km  
Thüringen Ultra

Category:  
Frauen W45

Total time: 13:17:10

Speed: 7.53 km/h  
Running performance: 7:57 min/km

Rank in course/Total: 121 (of 191)

Rank in course/Women: 8 (of 16)

Best time in course: 11:02:12

Rank in category: 1(of 2)

Best time in the category: 13:17:10

Intermediate times

Stage score

Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                  |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Glasbachwiese    | 27.39       | 3:27:49       | 7:35            | 1           | -              | 9            | 30:39           | 27.39         | 3:27:49       | 7:35            | 1           | -              | 9            |                 |
| Floh-Seligenthal | 27.74       | 3:21:41       | 7:16            | 1           | -              | 7            | 28:30           | 55.13         | 6:49:30       | 7:25            | 1           | -              | 8            | 59:09           |
| Finsterbergen    | 22.03       | 3:08:52       | 8:34            | 1           | -              | 7            | 35:34           | 77.16         | 9:58:22       | 7:45            | 1           | -              | 8            | 1:30:26         |
| Fröttstädt       | 23.06       | 3:18:48       | 8:37            | 2           | 8:59           | 10           | 44:32           | 100.22        | 13:17:10      | 7:57            | 1           | -              | 8            | 2:14:58         |