



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Ellmann, Reinhard

Club: currimus e.V. Schlangen
Number: 31

Course: 100.22 km
Thüringen Ultra

Category:
Männer M55

Total time: 13:27:41

Speed: 7.43 km/h
Running performance: 8:04 min/km

Rank in course/Total: 129 (of 191)

Rank in course/Men: 121 (of 175)

Best time in course: 8:42:52

Rank in category: 11(of 21)

Best time in the category: 9:53:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:39:24	8:00	19	1:09:56	157	1:18:04	27.39	3:39:24	8:00	1	-	127	11:40
Floh-Seligenthal	27.74	3:35:59	7:47	15	59:21	135	1:19:22	55.13	7:15:23	7:53	1	-	126	1:34:29
Finsterbergen	22.03	3:15:34	8:52	12	58:24	115	1:18:35	77.16	10:30:57	8:10	1	-	122	3:55:59
Fröttstädt	23.06	2:56:44	7:39	9	34:45	84	55:19	100.22	13:27:41	8:03	11	3:34:28	121	4:44:49