



6. thüringen ULTRA  
Fröttstädt / 07.07.2012

Detailed evaluation

San Juan, Nicole

Club: Miesenbach  
Number: 114

Course: 100.22 km  
Thüringen Ultra

Category:  
Frauen W30

Total time: 13:28:53

Speed: 7.42 km/h  
Running performance: 8:04 min/km

Rank in course/Total: 130 (of 191)

Rank in course/Women: 9 (of 16)

Best time in course: 11:02:12

Rank in category: 1(of 1)

Best time in the category: 13:28:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:17:37	7:12	1	-	7	20:27	27.39	3:17:37	7:12	1	-	10	
Floh-Seligenthal	27.74	3:30:09	7:34	1	-	9	36:58	55.13	6:47:46	7:23	1	-	9	57:25
Finsterbergen	22.03	3:13:27	8:46	1	-	9	40:09	77.16	10:01:13	7:47	1	-	9	1:33:17
Fröttstädt	23.06	3:27:40	9:00	1	-	12	53:24	100.22	13:28:53	8:04	1	-	9	2:26:41