



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Baumgarten, Karl Wolfgang

Club: 100 Marathon Club
Number: 19

Course: 100.22 km
Thüringen Ultra

Category:
Männer M60

Total time: 13:44:47

Speed: 7.27 km/h
Running performance: 8:14 min/km

Rank in course/Total: 140 (of 191)

Rank in course/Men: 129 (of 175)

Best time in course: 8:42:52

Rank in category: 4(of 9)

Best time in the category: 11:02:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:37:42	7:56	6	47:45	152	1:16:22	27.39	3:37:42	7:56	4	47:45	135	9:58
Floh-Seligenthal	27.74	3:37:15	7:49	5	48:23	142	1:20:38	55.13	7:14:57	7:53	4	1:36:08	134	1:34:03
Finsterbergen	22.03	3:20:14	9:05	3	42:50	126	1:23:15	77.16	10:35:11	8:13	4	2:18:58	130	4:00:13
Fröttstädt	23.06	3:09:36	8:13	3	23:08	104	1:08:11	100.22	13:44:47	8:13	4	2:42:06	129	5:01:55