



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Pohl, Günther

Club: LTV Erfurt
Number: 46

Course: 100.22 km
Thüringen Ultra

Category:
Männer M70

Total time: 13:47:40

Speed: 7.25 km/h
Running performance: 8:16 min/km

Rank in course/Total: 142 (of 191)

Rank in course/Men: 131 (of 175)

Best time in course: 8:42:52

Rank in category: 1(of 1)

Best time in the category: 13:47:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:23:59	7:26	1	-	125	1:02:39	27.39	3:23:59	7:26	1	-	137	
Floh-Seligenthal	27.74	3:34:13	7:43	1	-	133	1:17:36	55.13	6:58:12	7:35	1	-	136	1:17:18
Finsterbergen	22.03	3:20:26	9:05	1	-	127	1:23:27	77.16	10:18:38	8:01	1	-	132	3:43:40
Fröttstädt	23.06	3:29:02	9:03	1	-	129	1:27:37	100.22	13:47:40	8:15	1	-	131	5:04:48