



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Pleiß, Dirk

Club: Banzkow
Number: 73

Course: 100.22 km
Thüringen Ultra

Category:
Männer M45

Total time: 14:47:10

Speed: 6.76 km/h
Running performance: 8:51 min/km

Rank in course/Total: 155 (of 191)

Rank in course/Men: 143 (of 175)

Best time in course: 8:42:52

Rank in category: 35(of 43)

Best time in the category: 9:44:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:44:09	8:11	38	1:17:05	160	1:22:49	27.39	3:44:09	8:11	15		149	16:25
Floh-Seligenthal	27.74	3:37:54	7:51	35	1:11:41	146	1:21:17	55.13	7:22:03	8:01	15		148	1:41:09
Finsterbergen	22.03	3:13:47	8:47	30	1:01:42	110	1:16:48	77.16	10:35:50	8:14	15		144	4:00:52
Fröttstädt	23.06	4:11:20	10:53	39	2:01:30	155	2:09:55	100.22	14:47:10	8:51	35	5:02:48	143	6:04:18