



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Miller, Alex

Club: Steinwenden
Number: 53

Course: 100.22 km
Thüringen Ultra

Category:
Männer M35

Total time: 14:52:39

Speed: 6.72 km/h
Running performance: 8:55 min/km

Rank in course/Total: 157 (of 191)

Rank in course/Men: 145 (of 175)

Best time in course: 8:42:52

Rank in category: 17(of 20)

Best time in the category: 8:42:52

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|---------|-----|---------|--------|----------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Glasbachwiese | 27.39 | 3:16:03 | 7:09 | 14 | 54:41 | 108 | 54:43 | 27.39 | 3:16:03 | 7:09 | 4 | 8:12 | 152 | |
| Floh-Seligenthal | 27.74 | 3:48:24 | 8:14 | 18 | 1:31:47 | 153 | 1:31:47 | 55.13 | 7:04:27 | 7:41 | 4 | 59:42 | 151 | 1:23:33 |
| Finsterbergen | 22.03 | 3:39:50 | 9:58 | 16 | 1:42:51 | 148 | 1:42:51 | 77.16 | 10:44:17 | 8:20 | 4 | 2:02:07 | 147 | 4:09:19 |
| Fröttstädt | 23.06 | 4:08:22 | 10:46 | 19 | 2:06:57 | 153 | 2:06:57 | 100.22 | 14:52:39 | 8:54 | 17 | 6:09:47 | 145 | 6:09:47 |